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Four Temperaments. A New Typology Description

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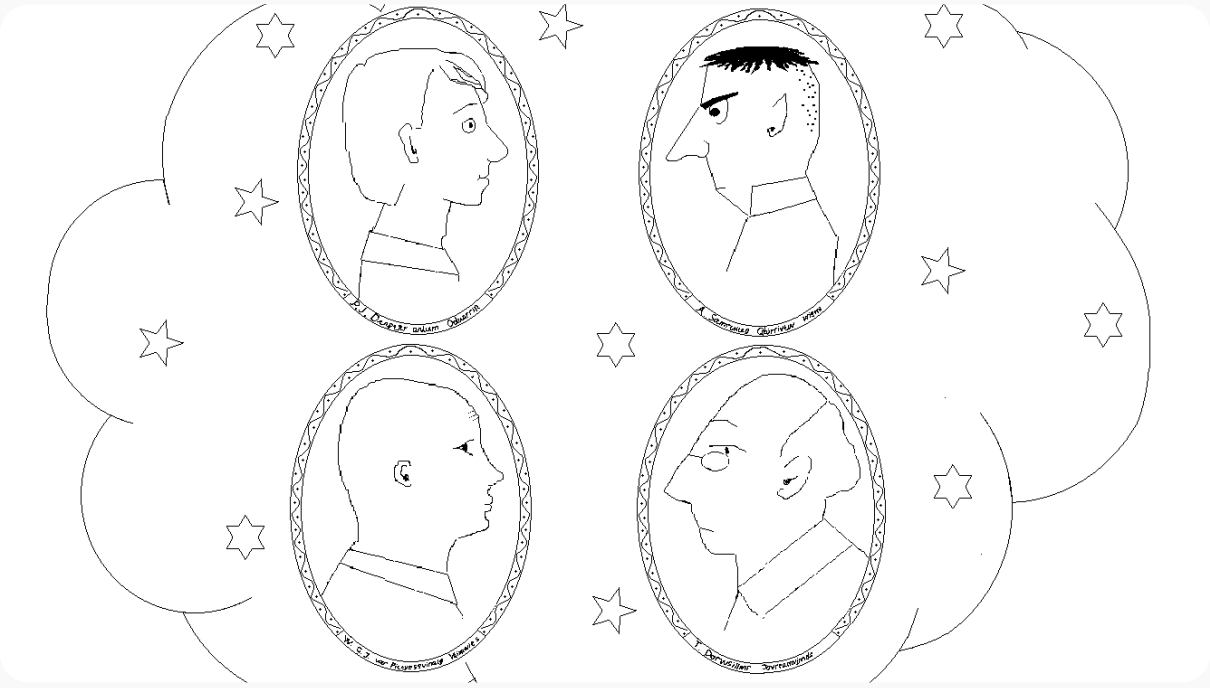

Four temperaments were discovered thanks to Hippocrates and Galen. Now we have a great scientific discovery for today. It is true that there are only four of them in nature. There are sanguine, choleric, phlegmatic and melancholic.

Four Temperaments. Here Is Our Own Detailed Description

Our team sees, that each living being has only one innate temperament that is involved in life everyday. It works in parallel with innate thinking and other

qualities. That is why we have different people with different emotions around us. Here is a table of four temperaments:

Temperament	Description	Image
SANGUINE	**communicative person, active, open-minded, positive, optimistic, cheerful, caring, stable, energetic, mobile, resilient, hardworking, confiding** **1) ability to understand human relations – strong** **2) likes to read a lot – weak** **3) ability to finish the job – strong** **4) spiritually weak*** **5) morally strong*** **6) physically strong** **7) emotions – strong** **8) indifferent to relatives** **9) usage of ethics to others – strong** **10) loves cleanliness and healthy lifestyle**	**Peacemaker**
MELANCHOLIC	**gloomy, anxious, restrained, introverted person, uncommunicative, calm, passive, negative, pessimistic, displeased, strong-willed, resentful, doubting, skeptical, picky, lazy, unstable, incredulous** **1) ability to understand human relations – none** **2) likes to read a lot – strong** **3) ability to finish the job – strong** **4) spiritually strong*** **5) morally weak*** **6) physically weak** **7) emotions – none** **8) indifferent to relatives** **9) indifferent to others** **10) don't like to maintain cleanliness and a healthy lifestyle**	**Ill-wisher**
PHLEGMATIC	**uncommunicative, passive, indifferent, balanced, positive, calm, lazy, two-faced, compliant, secretive, stable, optimistic** **1) ability to understand human relations –**	**Friend**

	weak **2) likes to read a lot – strong** **3) ability to finish the job – weak** **4) spiritually strong*** **5) morally strong*** **6) physically weak** **7) emotions – none** **8) usage of ethics to relatives – strong** **9) indifferent to others** **10) don't like to maintain cleanliness, but they like healthy lifestyle**	
CHOLERIC	**incredulous, excitable, changeable, capricious, disturbing, impulsive, vulnerable, active, negative, unbalanced, unstable, categorical, spiteful, picky, pessimistic** **1) ability to understand human relations – none** **2) likes to read a lot – weak** **3) ability to finish the job – weak** **4) spiritually weak*** **5) morally weak*** **6) physically strong** **7) emotions – strong** **8) caring person for relatives and others** **9) they have weak ethics to all people** **10) they like cleanliness, but not healthy lifestyle**	**Warrior**

*Spiritually strong means that the negative thoughts and forebodings do not influence the condition of a person.
*Morally strong means that a person does not pay attention to provocations or an external pathogen.
*Spiritually weak means that the negative thoughts and forebodings influence the condition of a person.
*Morally weak means that a person pays attention to provocations or an external pathogen.

Your temperament will be identified during your testing along with your other personal characteristics. To order our test press here.

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